

Supporting Clinical Nutrition with a Team Approach



Clinical nutrition is not a solo effort. At Option Care Health, our registered dietitians are a critical part of the nutrition support team working together with nurses, pharmacists and other clinicians to provide the best care for our patients whether they're in the hospital or at home. We focus on a collaborative approach because we know it is most effective for patients and supports optimal outcomes.



Comprehensive Nutrition Assessments

No two patients are the same and neither are their nutrition requirements. Our dietitians conduct individualized nutrition assessments for our parenteral and enteral patients – whether they are new to nutrition support or have been a long-term patient.



Patient Education and Monitoring

Option Care Health dietitians regularly follow up with patients to monitor their progress toward their goals as well as provide nutrition education. Our ongoing patient evaluation process enables us to identify potential complications early, leading to improved outcomes and decreased healthcare costs.



Research and Clinical Excellence

As an industry leader in nutrition support, we have more than 2,700 clinicians and 75 registered dietitians that care for our patients.¹ Our dietitians all have advanced certification and many are involved in patient outcomes research.



Financial Assistance

In addition to our team of insurance and reimbursement specialists, Option Care Health dietitians have a deep understanding of payer guidelines for home infusion. We work with our patients to help ensure financial vulnerability doesn't impact access to treatment in the setting they prefer.

Our team recently presented research at the American Society for Parenteral and Enteral Nutrition (ASPEN) Annual Conference which showed proactive interventions by nutrition support clinicians for patients with short bowel syndrome (SBS) on home parenteral nutrition decreased hospitalizations due to dehydration.²

Option Care Health is dedicated to setting the standard for quality care, putting patient choice and outcomes at the center of care delivery.

Join our team of dedicated professionals at Option Care Health today!



option care health™

1. Data on file, Option Care Health.

2. Englert M, Stodola K. Proactive Interventions by Nutrition Support Clinicians in Patients with Short Bowel Syndrome (SBS) on Home Parenteral Nutrition (HPN) Results in Decreased Hospitalizations and Improved Financial Outcomes. Abstract presented at the American Society for Parenteral and Enteral Nutrition (ASPEN) 2019 Nutrition Science & Practice Conference; March 23-26, 2019, Phoenix.